

## **Daily Plan #3 (Work Day)**

Print this daily plan one night and the next day, follow along with the activities and see how many things you checked off! This daily plan will be focused on being productive and getting things done!

- Good morning! Right when you wake up, make your bed!**
- Before breakfast, brush your teeth!**
- Get a good breakfast! Think of oatmeal, cereal, or a bagel**
- After breakfast, put your dirty pajamas in your hamper, and get dressed in some clothes**
- Get straight to work! If you have homework, do it! If not, handwrite a story about anything you want! Try and write at least 5 pages**
- Draw:**
  - a lizard**
  - a palm tree with coconuts**
  - an owl**
- Help your parents! Ask your parents if they need help! See if you can wash the dishes, do the laundry, or make their beds!**
- Lunch time! Think about having a salad, a sandwich, or a smoothie bowl**
- Go outside with a good book and read 25 pages or more**
- Make a snack for your family! Go on the Kids Backyard website and click on “the kitchen”. Follow along with one of those videos to make you and your family a healthy and delicious snack**

- Take a break! Go ahead and watch and episode or two of your favorite tv show**
- Finish up your homework that you didn't finish. If you don't have homework, get some extra practice on your multiplication tables**
- Have a family dinner**
- Clean all the dishes from dinner!**
- Take a shower, put your dirty clothes in your hamper, and change into pajamas**
- Brush your teeth!**
- Read for about 15 minutes, then get some sleep!**